

# **COSTA RICA PROGRAM PRELIMINARY ITINERARY 9 DAYS / 8 NIGHTS**

## **Day 1: International Airport – San José**

Arrival to the Airport. Meet & greet with group guide and driver who will give you a warm welcome to Costa Rica. Private transfer to your hotel.

## **Overnight at San José (D) (PT) (BG)**

## **Day 2: San José – Sarapiquí - Arenal**

Breakfast at hotel. After breakfast, take your private transportation to Arenal.

On the way to fun, first stop will be at hacienda Pozo Azul where you can enjoy a Rafting Tour in Sarapiquí River, the group will take a delicious typical lunch and after this, they will continue this adventure to Arenal zone. (Optional \$95 USD)

One of Costa Rica's most notable natural features is the Arenal Volcano. This impressive volcano resides within the 29,960-acre Arenal Volcano National Park. Although the volcano entered into a resting phase in 2010, it is still a stunning sight. Rising above the rainforest that surrounds its base, Arenal frames the skyline with near perfect symmetry.

## **Overnight at Arenal (BLD)(PT)(BG)**

## **Day 3: Arenal**

Breakfast at hotel. In this day you have some activities that you really enjoy:

**Arenal Volcano Hike:** this tour offers an unforgettable hiking experience through trails marked with the remains of previous lava flows of the impressive and majestic Arenal Volcano. The main attraction of La Fortuna is the Arenal Volcano with its nearly perfect cone shape, and a height of 1633 meters. Along the hike you will discover the abundant flora and some fauna which inhabits the a rainforest under re-generation; your guide will tell you all about the Arenal Volcano history and activity. After the hike on this popular volcano we will continue our journey to La Fortuna Waterfall a beautiful place with a lot of vegetation around it, once there we will hike down (500 steps with some resting areas) to the waterfall base to go for a swim on the cool pristine waters of La Fortuna river, after all this exercise you will be hungry so we will take to a nice restaurant nearby to enjoy a delicious lunch.

At afternoon, relax every muscle at Tabacon Hot Springs. This waters are naturally heated by the Arenal Volcano, it is pure and without any kind of added chemicals. This water contains all of the original minerals of the hot spring, around thirteen different ones, including calcium, magnesium and

bicarbonates. To boost the water's beneficial properties, our attractions count with focused hydromassage for different body muscle groups. Enjoy a dinner after this relaxation moment.

At night, transfer to hotel to recharge for next adventure day!

### **Overnight at Arenal (BLD)(PT)(BG)**

#### **Day 4: Arenal**

Breakfast at hotel. Spend your morning make Canyoning Tour. This experience includes 4 Rappels (3 waterfalls and 1 rock wall), Monkey Drop (zip line and rappel) and a Rock Climb in a beautiful rain forest slot canyon. This tour is for young & old and everything in between! Pure Trek Canyoning is the leader in Waterfall Rappelling in Costa Rica! Come enjoy this fun tour with great guides, spectacular views and beautiful trails throughout! From children to adults and people with experience, you will have a blast! After the tour enjoy a delicious lunch.

### **Overnight at Arenal (BLD)(PT)(BG)**

#### **Day 5: Arenal – Monteverde**

Breakfast at hotel.

At morning take private transportation to next destination on your trip: Monteverde by jeep-boat-jeep transportation. This is a unique combination of ground and water transportation used as a shortcut between La Fortuna – Arenal Volcano and Monteverde or vice versa. Faster than driving all the way around the lake, the Jeep-Boat-Jeep takes you across the lake in comfortable, covered motor boats. This allows you to enjoy the very scenic landscape at a relaxed pace.

### **Overnight at Monteverde (BLD) (PT) (BG)**

#### **Day 6: Monteverde**

Good morning Monteverde. Breakfast at the hotel. This day you will enjoy a lot at Monteverde Park and feel adrenaline in each activity:

Sky tram: will take you up to the highest mountain in Monteverde. This tramway will offer amazing views of the surrounding forests and even more. While ascending you will also be able to admire distinctive flora and fauna that might be only spotted from above.

Sky Trek: Get your heart pounding by taking a zipline ride through the Costa Rican forest canopy; whizz along cables slung between canyons, admire incredible views, fly over and in between trees to feel an adrenaline rush like no other.

Sky Tram/Sky Trek Zipline (Optional \$85 USD)

### **Overnight at Monteverde (BLD) (PT) (BG)**

## **Day 7: Monteverde – Manuel Antonio**

Breakfast at hotel.

Morning transfer to Manuel Antonio and to enjoy hotel facilities.

Manuel Antonio is an small oceanside village with plenty of great places to stay. Famous for its national park, this tiny yet bustling town is located off Costa Rica's central Pacific coast just a stone's throw away from Quepos. The region is a treasure for biodiversity, attracting nature buffs, eco-travelers and adventure-seekers alike. Better yet, if you visit, you can soak up white sand and perfect waters.

In the afternoon visit Manuel Antonio National Park: Explore the pristine natural beauty of this world famous national park filled with exotic wildlife such as monkeys, sloths, birds, reptiles and butterflies. Your picturesque 2-mile hike will take you to one of the beaches named most beautiful in the world by Forbes magazine.

Experience the lush rainforest behind you, white sandy beaches below, and crystalline blue waters.

### **Overnight at Manuel Antonio (BLD) (PT) (BG)**

## **Day 8: Manuel Antonio**

Breakfast at hotel. Enjoy an adrenaline tour in this morning.

Kayak and snorkel exploring marine wildlife during this exciting 4-hour excursion departing from the pier in Quepos.

Paddle your kayak for a little over an hour navigating past tiny islands and observing marine birds and their nesting grounds. Biesanz Bay, a hidden beautiful inlet where you can rest, enjoy a snack and snorkel.

The 30-minute stop will allow you to explore the coastline. Water's visibility will vary depending on the season, and there will be opportunities to spot parrotfish, starfish, angelfish and maybe even a sea turtle.

Get ready to paddle back to the pier on your kayak, and during the journey look for pelicans, flying fish or other marine life. Upon returning to the pier, you'll head back to base camp to enjoy a little conversation over a delicious homemade meal. Easier than river kayaking; this Manuel Antonio tour does not require previous

Afternoon at leisure to enjoy hotel facilities or relax at the beach.

### **Overnight at Manuel Antonio (BLD) (PT) (BG)**

## **Day 9: San José – International Airport**

Breakfast at hotel. At morning, transfer to International Airport. Time to say good bye to Costa Rica! **(B)(PT)(BG)**

### III – SERVICES INCLUDED:

- Meet & greet service upon arrival (01 Service).
- Arrival and Departure Airport Transfer (01 Service) from/to Juan Santamaria International Airport (SJO).
- Meals (B= Breakfast, L= Lunch, S= Snack/light lunch & D= Dinner, AI=All Inclusive) as specified in the itinerary.
- Accommodation in occupancy as outlined above.
- Transportation as outlined above (PT= Private transportation)
- Bilingual guide (BG= Bilingual Guide)
- Sales Taxes & service charge for restaurant meals.
- International Airport departure tax of \$29 p/p. payable in airport upon exit.

### IV - WHAT IS NOT INCLUDED:

1. Additional Airport Transfers (Escorted or unescorted).
2. Extras at hotels (telephone calls, room service, portorage, laundry, alcoholic drinks, etc.)
3. Tips & Gratuities for Guide, Driver, local guides and service providers.
4. Any additional/extra tours or park fees.
5. Personal and/or medical expenses.
6. Any incidentals out of pocket or medical expenses. Please ensure you carry appropriate insurance, which covers all the activities in this itinerary, inherited risks, luggage protection and holiday cancellation.
7. Early Check in or Late Check out Are **NOT** Included in rate.